



REQUEST/RELEASE OF CONFIDENTIAL INFORMATION

CLIENT NAME: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

I hereby authorize: (Name and address of **outside** provider)

\_\_\_\_\_  
\_\_\_\_\_

To  send /  receive the following information from the record of the above named client:

- Psychiatric evaluation
- Progress Notes; Psychotherapy Notes
- Medical Exam/Lab Results
- Psychological Testing Results
- Case History
- Hospital Admission and Discharge Summaries
- Other \_\_\_\_\_
- All health information, excluding \_\_\_\_\_

This information is needed for the purpose of coordination of care.

I understand that my record may contain information about infectious diseases including HIV/AIDS status, alcohol or drug abuse, STDs, information relative to the diagnosis and treatment of my mental or emotional conditions. I consent to this information being disclosed. I understand that the provider abides by Federal Health Insurance Portability and Accountability Act of 1996 (HIPAA), Public Law 104-191 which protects the confidentiality of the record and that information in my record cannot be disclosed without consent unless otherwise provided for in the regulation.

I understand that this directive is subject to revocation at any time upon written request. Otherwise this consent will expire upon termination of care or from date: \_\_\_\_\_

I herewith release and hold harmless Lighthouse Mental Wellness, PLLC and any contractors, agents, employees, directors or volunteers from any liability for the release of information provided in accordance with this directive.

If information is requested, please send to:

Lighthouse Mental Wellness, PLLC      Phone: 781-427-7070  
 28 Riverside Drive, Suite 260      Fax: 781-427-7071  
 Pembroke, Ma 02359

Signed under the pains and penalties of perjury:

Signature: \_\_\_\_\_ (Client/Guardian)      Date: \_\_\_\_\_

\* **REVOCATION** OF REQUEST FOR INFORMATION- *To be signed when revoking this release.\**

Signature: \_\_\_\_\_ (Client/Guardian)      Date: \_\_\_\_\_